



MTB Race | Trail Run

December 17, 2018

MTB 50 km (Open)

winner: 2:00:58

| Pos | Bib | Name | Category | Gender | Time | Gap | Lap 1 |
|-----|-----|-----------------------|-----------|--------|------------|-------------|------------|
| 1 | 77 | CAMPBELL, Bruce | MTB 50 km | Men | 2:00:58.19 | | 2:00:58.19 |
| 2 | 67 | FRAENKEL, Justin | MTB 50 km | Men | 2:07:07.77 | 6'09.58" | 2:07:07.77 |
| 3 | 54 | PRETORIUS, Pieter-Jan | MTB 50 km | Men | 2:07:37.60 | 6'39.41" | 2:07:37.60 |
| 4 | 8 | FRAYNE, Shaun | MTB 50 km | Men | 2:10:30.52 | 9'32.33" | 2:10:30.52 |
| 5 | 62 | GANZENOORT, Reinard | MTB 50 km | Men | 2:11:11.69 | 10'13.49" | 2:11:11.69 |
| 6 | 47 | NAUTA, Wilhelm | MTB 50 km | Men | 2:13:30.01 | 12'31.81" | 2:13:30.01 |
| 7 | 22 | MOORE, Ian | MTB 50 km | Men | 2:14:58.87 | 14'00.68" | 2:14:58.87 |
| 8 | 64 | ZEELIE, Renad | MTB 50 km | Men | 2:22:45.04 | 21'46.84" | 2:22:45.04 |
| 9 | 70 | DALGETY, Sergio | MTB 50 km | Men | 2:28:21.31 | 27'23.11" | 2:28:21.31 |
| 10 | 80 | GLOVER, Mike | MTB 50 km | Men | 2:29:06.06 | 28'07.86" | 2:29:06.06 |
| 11 | 73 | KEET, Wayne | MTB 50 km | Men | 2:29:09.06 | 28'10.86" | 2:29:09.06 |
| 12 | 28 | GIE, Bruce | MTB 50 km | Men | 2:31:33.77 | 30'35.58" | 2:31:33.77 |
| 13 | 60 | DE RIDDER, Tertius | MTB 50 km | Men | 2:32:14.32 | 31'16.13" | 2:32:14.32 |
| 14 | 37 | GROBLER, Johan | MTB 50 km | Men | 2:32:30.23 | 31'32.03" | 2:32:30.23 |
| 15 | 18 | STUMPF, Johan | MTB 50 km | Men | 2:33:43.38 | 32'45.19" | 2:33:43.38 |
| 16 | 52 | BERNARD, Lawrence | MTB 50 km | Men | 2:37:04.00 | 36'05.81" | 2:37:04.00 |
| 17 | 65 | FUNSTON, Antony | MTB 50 km | Men | 2:37:39.01 | 36'40.82" | 2:37:39.01 |
| 18 | 23 | VAN VUUREN, Marius | MTB 50 km | Men | 2:42:40.90 | 41'42.71" | 2:42:40.90 |
| 19 | 57 | KOCH, Andre Pieter | MTB 50 km | Men | 2:42:44.57 | 41'46.38" | 2:42:44.57 |
| 20 | 42 | LOUW, Coenie | MTB 50 km | Men | 2:42:54.02 | 41'55.82" | 2:42:54.02 |
| 21 | 81 | MCEWAN, Callum | MTB 50 km | Men | 2:46:15.89 | 45'17.70" | 2:46:15.89 |
| 22 | 13 | LOMBARD, Arno | MTB 50 km | Men | 2:48:17.75 | 47'19.56" | 2:48:17.75 |
| 23 | 29 | BRINK, Clarke | MTB 50 km | Men | 2:49:23.81 | 48'25.62" | 2:49:23.81 |
| 24 | 14 | FOURIE, Jaco | MTB 50 km | Men | 2:50:13.13 | 49'14.94" | 2:50:13.13 |
| 25 | 79 | BRINK, Hennie | MTB 50 km | Men | 2:52:14.49 | 51'16.30" | 2:52:14.49 |
| 26 | 51 | TUCKER, Seamus | MTB 50 km | Men | 2:56:08.23 | 55'10.03" | 2:56:08.23 |
| 27 | 12 | LOMBARD, Bennie | MTB 50 km | Men | 3:00:15.53 | 59'17.33" | 3:00:15.53 |
| 28 | 68 | HAINES, Jesse | MTB 50 km | Men | 3:01:44.17 | 1h0'45.98" | 3:01:44.17 |
| 29 | 50 | RIGBY, David | MTB 50 km | Men | 3:01:55.84 | 1h0'57.64" | 3:01:55.84 |
| 30 | 34 | RIGBY, Sydney | MTB 50 km | Men | 3:01:57.86 | 1h0'59.67" | 3:01:57.86 |
| 31 | 27 | GROBLER, Gerhard | MTB 50 km | Men | 3:06:02.72 | 1h5'04.52" | 3:06:02.72 |
| 32 | 66 | VAN NIEKERK, Lukas | MTB 50 km | Men | 3:07:47.72 | 1h6'49.53" | 3:07:47.72 |
| 33 | 41 | VIEIRA, Filipe | MTB 50 km | Men | 3:09:25.55 | 1h8'27.36" | 3:09:25.55 |
| 34 | 49 | RYDER, Peter | MTB 50 km | Men | 3:09:27.09 | 1h8'28.90" | 3:09:27.09 |
| 35 | 7 | PHIPPS, Barry | MTB 50 km | Men | 3:14:26.11 | 1h13'27.91" | 3:14:26.11 |
| 36 | 26 | DU PLESSIS, Etienne | MTB 50 km | Men | 3:15:44.43 | 1h14'46.24" | 3:15:44.43 |
| 37 | 11 | DELPORT, Luke | MTB 50 km | Men | 3:22:46.53 | 1h21'48.33" | 3:22:46.53 |
| 38 | 15 | ESSAM, Nicholas | MTB 50 km | Men | 3:23:17.54 | 1h22'19.35" | 3:23:17.54 |
| 39 | 36 | ADLER, Anthony | MTB 50 km | Men | 3:32:00.76 | 1h31'02.56" | 3:32:00.76 |
| 40 | 40 | LEESON, Justin | MTB 50 km | Men | 3:39:30.09 | 1h38'31.89" | 3:39:30.09 |
| 41 | 32 | LESSINGH, Pieter | MTB 50 km | Men | 3:44:25.20 | 1h43'27.00" | 3:44:25.20 |
| 42 | 33 | BASSON, Desmond | MTB 50 km | Men | 3:44:28.36 | 1h43'30.17" | 3:44:28.36 |
| 43 | 74 | SCOWBY, Seth | MTB 50 km | Men | 3:48:41.17 | 1h47'42.97" | 3:48:41.17 |
| 44 | 71 | ALLIN, Wayne | MTB 50 km | Men | 3:49:35.84 | 1h48'37.64" | 3:49:35.84 |
| 45 | 24 | GARDINER, CLIVE | MTB 50 km | Men | 4:18:52.79 | 2h17'54.60" | 4:18:52.79 |
| 46 | 53 | ROGERS, Gavin | MTB 50 km | Men | 4:18:56.18 | 2h17'57.99" | 4:18:56.18 |
| 47 | 48 | VAN DER MERWE, Karl | MTB 50 km | Men | 4:19:12.69 | 2h18'14.50" | 4:19:12.69 |
| DNF | 61 | DE BRUYN, Vince | MTB 50 km | Men | | | |
| DNF | 69 | VAN LMK, Hennie | MTB 50 km | Men | | | |
| DNF | 72 | POACOCK, Roland | MTB 50 km | Men | | | |
| DNF | 31 | GROBLER, Riaan | MTB 50 km | Men | | | |



MTB Race | Trail Run

December 17, 2018

MTB 20 km (Open)

winner: 48:43

| Pos | Bib | Name | Category | Gender | Time | Gap | Lap 1 |
|-----|-----|---------------------|---------------|--------|------------|-------------|------------|
| 1 | 223 | FERREIRA, Fanie | MTB 20 km | Men | 48:43.33 | | 48:43.33 |
| 2 | 214 | DU PLESSIS, Deuzl | MTB 20 km | Men | 49:02.16 | 0'18.82" | 49:02.16 |
| 3 | 217 | GELDENSCHUYS, Ruaan | MTB 20 km | Men | 49:07.63 | 0'24.30" | 49:07.63 |
| 4 | 212 | FERRERIA, Ashton | MTB 20 km | Men | 52:01.37 | 3'18.03" | 52:01.37 |
| 5 | 63 | ANDERSON, Struan | MTB 20 km | Men | 54:43.66 | 6'00.32" | 54:43.66 |
| 6 | 228 | ADAM, Ntsikelelo | MTB 20 km | Men | 54:49.78 | 6'06.45" | 54:49.78 |
| 7 | 222 | FERREIRA, Regardt | MTB 20 km | Men | 54:50.93 | 6'07.59" | 54:50.93 |
| 8 | 154 | MULLER, Tiaan | MTB 20 km | Men | 57:55.58 | 9'12.25" | 57:55.58 |
| 9 | 211 | MCCLELAND, Braddon | MTB 20 km | Men | 58:02.04 | 9'18.70" | 58:02.04 |
| 10 | 199 | PRETORIUS, Conrad | MTB 20 km | Men | 59:01.84 | 10'18.50" | 59:01.84 |
| 11 | 175 | WAGNER, Josua (jr) | MTB 20 km | Men | 1:01:45.62 | 13'02.29" | 1:01:45.62 |
| 12 | 174 | WAGNER, Josua | MTB 20 km | Men | 1:01:49.77 | 13'06.44" | 1:01:49.77 |
| 13 | 186 | FERREIRA, Stephan | MTB 20 km | Men | 1:02:33.82 | 13'50.48" | 1:02:33.82 |
| 14 | 226 | GROBLE, Adrian | MTB 20 km | Men | 1:02:39.09 | 13'55.75" | 1:02:39.09 |
| 15 | 216 | DU PLESSIS, Vince | MTB 20 km | Men | 1:03:05.14 | 14'21.80" | 1:03:05.14 |
| 16 | 196 | DE BRUYN, Dylan | MTB 20 km | Men | 1:05:14.83 | 16'31.49" | 1:05:14.83 |
| 17 | 227 | DYANTYI, Tando | MTB 20 km | Men | 1:05:25.88 | 16'42.55" | 1:05:25.88 |
| 18 | 197 | WOODIN, Daniel | MTB 20 km | Men | 1:06:58.16 | 18'14.82" | 1:06:58.16 |
| 19 | 190 | PRETORIUS, Pieter | MTB 20 km | Men | 1:07:15.86 | 18'32.53" | 1:07:15.86 |
| 20 | 166 | BRITS, Erik | MTB 20 km | Men | 1:11:07.23 | 22'23.90" | 1:11:07.23 |
| 21 | 150 | FARREN, Dave | MTB 20 km | Men | 1:12:35.77 | 23'52.43" | 1:12:35.77 |
| 22 | 208 | THESENT, John | MTB 20 km | Men | 1:13:39.06 | 24'55.72" | 1:13:39.06 |
| 23 | 203 | WELMONS, Ref | MTB 20 km | Men | 1:15:20.01 | 26'36.67" | 1:15:20.01 |
| 24 | 168 | MEYER, Wilhelm | MTB 20 km | Men | 1:15:25.01 | 26'41.68" | 1:15:25.01 |
| 25 | 225 | HALL, Andrew | MTB 20 km | Men | 1:15:30.70 | 26'47.37" | 1:15:30.70 |
| 26 | 171 | DU PLESSIS, Jaco | MTB 20 km | Men | 1:16:00.31 | 27'16.97" | 1:16:00.31 |
| 27 | 179 | HOLTZHAUSEN, Dewald | MTB 20 km | Men | 1:16:03.12 | 27'19.79" | 1:16:03.12 |
| 28 | 163 | LABUSCHAGNE, Pieter | MTB 20 km | Men | 1:16:44.85 | 28'01.52" | 1:16:44.85 |
| 29 | 224 | HALL, Eddy | MTB 20 km | Men | 1:17:46.48 | 29'03.15" | 1:17:46.48 |
| 30 | 205 | NEL, Johan | MTB 20 km | Men | 1:18:02.01 | 29'18.68" | 1:18:02.01 |
| 31 | 207 | JACOBS, Clinton | MTB 20 km | Men | 1:18:03.34 | 29'20.00" | 1:18:03.34 |
| 32 | 215 | DU MESSIS, Andre | MTB 20 km | Men | 1:18:06.61 | 29'23.27" | 1:18:06.61 |
| 33 | 169 | CURTAIN, Ian | MTB 20 km | Men | 1:18:08.14 | 29'24.81" | 1:18:08.14 |
| 34 | 189 | CORNELIUS, Chrisjan | MTB 20 km | Men | 1:20:17.76 | 31'34.42" | 1:20:17.76 |
| 35 | 161 | VAN VUUREN, Lukas | MTB 20 km | Men | 1:21:42.93 | 32'59.60" | 1:21:42.93 |
| 36 | 165 | FOURIE, Estian | MTB 20 km | Men | 1:22:34.17 | 33'50.84" | 1:22:34.17 |
| 37 | 157 | DE KLERK, Alan | MTB 20 km | Men | 1:23:21.72 | 34'38.38" | 1:23:21.72 |
| 38 | 220 | BAKER, Armand | MTB 20 km | Men | 1:26:26.22 | 37'42.88" | 1:26:26.22 |
| 39 | 210 | RAUTENBACH, Jacques | MTB 20 km | Men | 1:26:39.34 | 37'56.00" | 1:26:39.34 |
| 40 | 180 | ABRAHAMS, Faheem | MTB 20 km | Men | 1:30:41.69 | 41'58.36" | 1:30:41.69 |
| 41 | 195 | JACKSON, Danie | MTB 20 km | Men | 1:32:15.81 | 43'32.47" | 1:32:15.81 |
| 42 | 183 | NOBBS, Dylan | MTB 20 km | Men | 1:36:41.71 | 47'58.37" | 1:36:41.71 |
| 43 | 160 | ESTERHUIZEN, Dereck | MTB 20 km | Men | 1:38:29.06 | 49'45.72" | 1:38:29.06 |
| 44 | 176 | CHARLES, Brent | MTB 20 km | Men | 1:43:21.38 | 54'38.05" | 1:43:21.38 |
| 45 | 167 | ASHINGTON, Heather | MTB 20 km – F | Women | 2:37:37.49 | 1h48'54.16" | 2:37:37.49 |
| DNF | 201 | DE JAGER, Flip | MTB 20 km | Men | | | |



MTB Race | Trail Run
December 17, 2018
MTB 10 km (Open)
winner: 37:51

| Pos | Bib | Name | Category | Gender | Time | Gap | Lap 1 |
|-----|-----|------------------------|-----------|--------|------------|-----------|------------|
| 1 | 307 | VERMAAK, Dawid | MTB 10 km | Men | 37:51.33 | | 37:51.33 |
| 2 | 318 | HOEK, Louise | MTB 10 km | Men | 42:20.56 | 4'29.24" | 42:20.56 |
| 3 | 317 | HOEK, Simon | MTB 10 km | Men | 42:24.56 | 4'33.23" | 42:24.56 |
| 4 | 302 | BLACK, Mark | MTB 10 km | Men | 42:42.07 | 4'50.75" | 42:42.07 |
| 5 | 301 | BLACK, Michael | MTB 10 km | Men | 42:43.93 | 4'52.60" | 42:43.93 |
| 6 | 309 | LORNELIVS, Christopher | MTB 10 km | Men | 58:08.10 | 20'16.78" | 58:08.10 |
| 7 | 314 | RAUTENBACH, Laim | MTB 10 km | Men | 1:21:03.72 | 43'12.40" | 1:21:03.72 |
| 8 | 303 | RAUTENBACH, Andreo | MTB 10 km | Men | 1:21:36.79 | 43'45.46" | 1:21:36.79 |



MTB Race | Trail Run
December 17, 2018
MTB 50 - F (Open)
winner: 2:23:06

| Pos | Bib | Name | Category | Gender | Time | Gap | Lap 1 |
|-----|-----|--------------------|---------------|--------|------------|-------------|------------|
| 1 | 76 | CAMPBELL, Tracey | MTB 50 km – F | Women | 2:23:06.36 | | 2:23:06.36 |
| 2 | 19 | STUMPF, Karla | MTB 50 km – F | Women | 2:32:27.58 | 9'21.22" | 2:32:27.58 |
| 3 | 75 | SCOWBY, Michelle | MTB 50 km – F | Women | 2:46:17.04 | 23'10.68" | 2:46:17.04 |
| 4 | 58 | LOOTS, Salome | MTB 50 km – F | Women | 2:57:55.54 | 34'49.17" | 2:57:55.54 |
| 5 | 35 | GROBLER, Nicky | MTB 50 km – F | Women | 3:19:26.42 | 56'20.05" | 3:19:26.42 |
| 6 | 43 | LOUW, Belinda | MTB 50 km – F | Women | 3:31:59.06 | 1h8'52.69" | 3:31:59.06 |
| 7 | 55 | DU PLESSIS, Debbie | MTB 50 km – F | Women | 3:32:02.31 | 1h8'55.94" | 3:32:02.31 |
| 8 | 38 | HURR, Nicki | MTB 50 km – F | Women | 3:44:37.02 | 1h21'30.65" | 3:44:37.02 |
| 9 | 30 | OELOFSEN, Cecelia | MTB 50 km – F | Women | 3:54:30.30 | 1h31'23.94" | 3:54:30.30 |
| 10 | 39 | MAIOLA, Angela | MTB 50 km – F | Women | 3:54:32.17 | 1h31'25.81" | 3:54:32.17 |



MTB Race | Trail Run

December 17, 2018

MTB 20 - F (Open)

winner: 5:12:39

| Pos | Bib | Name | Category | Gender | Time | Gap | Lap 1 | Lap 2 | Lap 3 | Lap 4 | Lap 5 |
|-----|-----|----------------------|---------------|--------|------------|---------|------------|------------|------------|------------|------------|
| 1 | 187 | BOTHA, Gail | MTB 20 km – F | Women | 5:12:39.21 | | 1:02:31.84 | 1:02:31.84 | 1:02:31.84 | 1:02:31.84 | 1:02:31.84 |
| 2 | 198 | WOODIN, Courtenay | MTB 20 km – F | Women | 4:28:04.18 | -1 lap | 1:07:01.05 | 1:07:01.05 | 1:07:01.05 | 1:07:01.05 | |
| 3 | 209 | SQUIER, Chene | MTB 20 km – F | Women | 4:40:28.40 | -1 lap | 1:10:07.10 | 1:10:07.10 | 1:10:07.10 | 1:10:07.10 | |
| 4 | 218 | VAN WYK, Ina | MTB 20 km – F | Women | 5:04:20.08 | -1 lap | 1:16:05.02 | 1:16:05.02 | 1:16:05.02 | 1:16:05.02 | |
| 5 | 219 | GEVER, Melanie | MTB 20 km – F | Women | 5:04:30.33 | -1 lap | 1:16:07.58 | 1:16:07.58 | 1:16:07.58 | 1:16:07.58 | |
| 6 | 162 | KRIGE, Zelda | MTB 20 km – F | Women | 5:10:25.04 | -1 lap | 1:17:36.26 | 1:17:36.26 | 1:17:36.26 | 1:17:36.26 | |
| 7 | 213 | COCTIER, Alette | MTB 20 km – F | Women | 3:54:16.35 | -2 laps | 1:18:05.45 | 1:18:05.45 | 1:18:05.45 | | |
| 8 | 159 | SISSON, Dawn | MTB 20 km – F | Women | 4:00:08.66 | -2 laps | 1:20:02.89 | 1:20:02.89 | 1:20:02.89 | | |
| 9 | 188 | TUCKER, Philippa | MTB 20 km – F | Women | 4:04:28.33 | -2 laps | 1:21:29.44 | 1:21:29.44 | 1:21:29.44 | | |
| 10 | 200 | DE JAGER, Hillary | MTB 20 km – F | Women | 4:04:56.62 | -2 laps | 1:21:38.87 | 1:21:38.87 | 1:21:38.87 | | |
| 11 | 158 | DE KLERK, Shiela | MTB 20 km – F | Women | 4:09:59.67 | -2 laps | 1:23:19.89 | 1:23:19.89 | 1:23:19.89 | | |
| 12 | 155 | SCHOEMAN, Sheree | MTB 20 km – F | Women | 4:16:47.17 | -2 laps | 1:25:35.72 | 1:25:35.72 | 1:25:35.72 | | |
| 13 | 206 | BRINK, Cheryl | MTB 20 km – F | Women | 4:34:45.27 | -2 laps | 1:31:35.09 | 1:31:35.09 | 1:31:35.09 | | |
| 14 | 221 | STEENKAMP, Janke | MTB 20 km – F | Women | 4:34:51.47 | -2 laps | 1:31:37.16 | 1:31:37.16 | 1:31:37.16 | | |
| 15 | 178 | CRAUSE, LYNETTE | MTB 20 km – F | Women | 4:36:41.05 | -2 laps | 1:32:13.68 | 1:32:13.68 | 1:32:13.68 | | |
| 16 | 204 | NEL, Charnel | MTB 20 km – F | Women | 1:34:15.91 | -4 laps | 1:34:15.91 | | | | |
| 17 | 202 | WOLMANS, Mardre | MTB 20 km – F | Women | 1:34:20.62 | -4 laps | 1:34:20.62 | | | | |
| 18 | 182 | VERMAAK, Luane | MTB 20 km – F | Women | 1:36:44.04 | -4 laps | 1:36:44.04 | | | | |
| 19 | 172 | DU PLESSIS, Zelna | MTB 20 km – F | Women | 1:39:46.26 | -4 laps | 1:39:46.26 | | | | |
| 20 | 177 | CHARLES, Hannah | MTB 20 km – F | Women | 1:43:19.73 | -4 laps | 1:43:19.73 | | | | |
| 21 | 184 | MATRAIOTTI, Samantha | MTB 20 km – F | Women | 1:59:21.88 | -4 laps | 1:59:21.88 | | | | |
| 22 | 185 | WEBSTER, Taryn | MTB 20 km – F | Women | 1:59:23.00 | -4 laps | 1:59:23.00 | | | | |
| 23 | 192 | GUM, Nomathemba | MTB 20 km – F | Women | 2:31:51.80 | -4 laps | 2:31:51.80 | | | | |
| 24 | 181 | PENRITH, Fuzzy | MTB 20 km – F | Women | 2:35:22.52 | -4 laps | 2:35:22.52 | | | | |



MTB Race | Trail Run

December 17, 2018

MTB 10 - F (Open)

winner: 5:39:49

| Pos | Bib | Name | Category | Gender | Time | Gap | Lap 1 | Lap 2 | Lap 3 | Lap 4 | Lap 5 | Lap 6 | Lap 7 | Lap 8 |
|-----|-----|-------------------|---------------|--------|------------|---------|------------|------------|------------|------------|------------|------------|----------|----------|
| 1 | 300 | ELS, Jessica | MTB 10 km - F | Women | 5:39:49.46 | | 42:28.68 | 42:28.68 | 42:28.68 | 42:28.68 | 42:28.68 | 42:28.68 | 42:28.68 | 42:28.68 |
| 2 | 308 | CORNELIUS, Monica | MTB 10 km - F | Women | 4:50:51.62 | -3 laps | 58:10.32 | 58:10.32 | 58:10.32 | 58:10.32 | 58:10.32 | | | |
| 3 | 312 | NEL, Chantelle | MTB 10 km - F | Women | 5:03:50.42 | -3 laps | 1:00:46.08 | 1:00:46.08 | 1:00:46.08 | 1:00:46.08 | 1:00:46.08 | | | |
| 4 | 313 | JACOBS, Juanita | MTB 10 km - F | Women | 5:03:58.11 | -3 laps | 1:00:47.62 | 1:00:47.62 | 1:00:47.62 | 1:00:47.62 | 1:00:47.62 | 1:00:47.62 | | |
| 5 | 310 | VAN ROOYEN, Sume | MTB 10 km - F | Women | 4:30:16.23 | -4 laps | 1:07:34.06 | 1:07:34.06 | 1:07:34.06 | 1:07:34.06 | 1:07:34.06 | | | |
| 6 | 311 | DE BRUYN, El-mari | MTB 10 km - F | Women | 4:32:03.24 | -4 laps | 1:08:00.81 | 1:08:00.81 | 1:08:00.81 | 1:08:00.81 | 1:08:00.81 | | | |
| 7 | 306 | MEYER, Elsume | MTB 10 km - F | Women | 4:58:43.90 | -4 laps | 1:14:40.98 | 1:14:40.98 | 1:14:40.98 | 1:14:40.98 | 1:14:40.98 | | | |
| 8 | 305 | MEYER, Annelize | MTB 10 km - F | Women | 4:58:54.22 | -4 laps | 1:14:43.55 | 1:14:43.55 | 1:14:43.55 | 1:14:43.55 | 1:14:43.55 | | | |
| 9 | 316 | STEYN, Christelle | MTB 10 km - F | Women | 3:52:53.53 | -5 laps | 1:17:37.84 | 1:17:37.84 | 1:17:37.84 | 1:17:37.84 | 1:17:37.84 | | | |
| 10 | 315 | STEYN, Clarice | MTB 10 km - F | Women | 3:52:59.64 | -5 laps | 1:17:39.88 | 1:17:39.88 | 1:17:39.88 | 1:17:39.88 | 1:17:39.88 | | | |
| 11 | 304 | RAUTENBACH, Anje | MTB 10 km - F | Women | 4:04:43.55 | -5 laps | 1:21:34.52 | 1:21:34.52 | 1:21:34.52 | 1:21:34.52 | 1:21:34.52 | | | |